

Dear Katie,

Wow! In the past week, more than 10,000 activists across the country have contacted their insurance companies to demand that they stop denying care and stop using our premiums to lobby against health insurance reform.


Here at the AFL-CIO, we asked the insurance commissioners in Connecticut, Indiana, New York and Pennsylvania to investigate how insurance company lobbying costs are affecting our health insurance premiums. It's sickening that insurance companies are fighting health care reform with OUR MONEY!

**We want real health insurance reform, including a strong public option, and it's time insurance companies got out of the way.** Join us. Tell your insurance company that you are sick of it.

- [Click here if a \*\*Blue Cross Blue Shield\*\* company provides your health insurance.](#)
- [Click here if \*\*UnitedHealthcare\*\* provides your health insurance.](#)
- [Click here if \*\*Aetna\*\* provides your health insurance.](#)
- [Click here if \*\*Humana\*\* provides your health insurance.](#)
- [Click here if \*\*CIGNA\*\* provides your health insurance.](#)
- [Click here if a different company provides your health insurance.](#)
- [Click here if you don't have health insurance.](#)

In solidarity,

Marc Laitin  
AFL-CIO Online Mobilization Coordinator



**SICK OF IT**

**AFL-CIO**

**Take Action: Tell Your Insurance Company You Are Sick of It!**

[Click here if a \*\*Blue Cross Blue Shield\*\* company provides your health insurance.](#)

[Click here if \*\*UnitedHealthcare\*\* provides your health insurance.](#)

[Click here if \*\*Aetna\*\* provides your health insurance.](#)

[Click here if \*\*Humana\*\* provides your health insurance.](#)

Dear Katie,

Are you sick of insurance companies being able to deny coverage or raise rates for individuals or businesses based on pre-existing medical conditions?

Are you sick of insurance companies being able to come between doctors and patients when it comes to deciding what care patients need?

Are you sick of insurance companies being able to provide incentives to their employees who deny care and reject claims?

We're sick of it, and today thousands of people across the country are taking to the streets at more than 100 events to demand that insurance companies stop denying our care and stop using our premiums to lobby against health insurance reform. Join the thousands of activists and help take the fight directly to the insurance companies.

**We want real health insurance reform, and we're sick of insurance companies getting in the way.**

- [Click here if a \*\*Blue Cross Blue Shield\*\* company provides your health insurance.](#)
- [Click here if \*\*UnitedHealthcare\*\* provides your health insurance.](#)
- [Click here if \*\*Aetna\*\* provides your health insurance.](#)
- [Click here if \*\*Humana\*\* provides your health insurance.](#)
- [Click here if \*\*CIGNA\*\* provides your health insurance.](#)
- [Click here if a different company provides your health insurance.](#)
- [Click here if you don't have health insurance.](#)

For years, insurance companies have expanded their stranglehold over health care in this country. They make record profits. They make life-and-death decisions. And they're spending millions of dollars on campaign contributions and lobbyists to defeat reform—\$1.4 million per day.

That's your money they're spending to defeat health care reform and the choice of a public health insurance option. Tell them you are sick of it!

Thank you for fighting back against the insurance industry—the real enemy in this debate.

Marc Laitin  
AFL-CIO Online Mobilization Coordinator

P.S. Together we can stop the insurance companies and ensure that Congress passes real health insurance reform.

[insurance.](#)

[Click here if \*\*CIGNA\*\* provides your health insurance.](#)

[Click here if a different company provides your health insurance.](#)

[Click here if you don't have health insurance.](#)